



## Volunteer Based on Your Availability

We can help you determine the right opportunity for your time and talents.

Activities may include:

- Intergenerational programs
- Office support
- Gift shop attendants
- Accompany group outings/shopping trips
- Read to residents
- Person to person visits
- Transport to in-house activities, beauty shop, and Sunday services
- Walk with residents
- Share musical skills – instrumental or vocal
- Play cards or board games with residents
- Present programs on your hobbies, travel, or special interests
- Assist recreation staff with special events and activities
- Assist with arts and crafts

## Your Help is Needed!

Becoming a volunteer is easy, but please allow some time to complete the process. All volunteers must complete a tuberculosis PPD test, participate in orientation, and take a tour. We will also need you to sign a few forms and we will complete a background check. Volunteers must also provide proof of receiving an annual flu shot each year. All of this is important in ensuring the safety and well-being of our residents, fellow volunteers, and staff!

Join Frederick Living as a volunteer by visiting our website to complete an application.

[www.FrederickLiving.org/Volunteer](http://www.FrederickLiving.org/Volunteer)

Questions? Call us at **610-754-7878** or email us at [volunteers@frederickliving.org](mailto:volunteers@frederickliving.org).



Continuing Care Retirement Community  
Rooted in the Mennonite Heritage  
2849 Big Road | Zieglerville, PA 19492

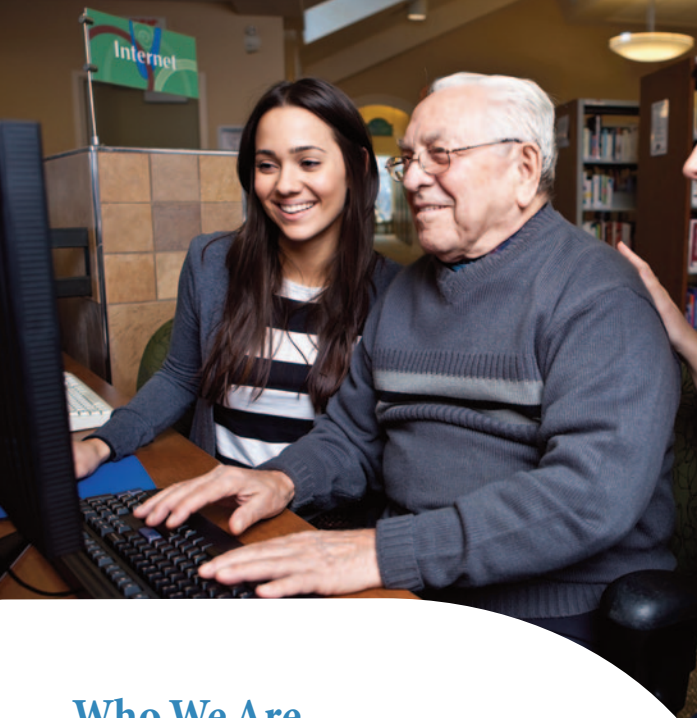


# Live Well. Volunteer Well.



Continuing Care Retirement Community  
Rooted in the Mennonite Heritage





## Who We Are

Frederick Living has been serving the community since 1896, empowering seniors to stay active and engaged. We are a close-knit, not-for-profit, continuing care retirement community nestled in the beautiful Pennsylvania countryside of Montgomery County. We rely on the support and generosity of donors and volunteers to advance our mission of caring for and enriching the lives of older adults.



## Make a Difference

Volunteers are an integral part of fulfilling Frederick Living's mission to provide a continuum of high-quality housing, health care, and personal services for older adults. Volunteers give the much appreciated "extras" to our residents on a one-to-one basis. We are always seeking volunteers to help with a variety of tasks in our health care center and in personal care, memory care and residential living.

## The Frederick Family

We welcome adults, families, college students, and certified therapy animals (*with a guardian and completed veterinarian form*) as volunteers. Individuals over 14 years of age may volunteer without being accompanied by an adult. Younger children may be involved through family visits or group programs with adult supervision, such as scouts, church, and school groups. Volunteers should be dependable, enthusiastic, and able to show love and compassion to others.